Resources for Graduate Students

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Academic Support

Center for Engaged Learning & Teaching (CELT)
Howard-Tilton Memorial Library, Suite 300 (504) 314-7698 celt@tulane.edu

CELT is committed to supporting all Tulane faculty as they prepare or continue to teach. Faculty includes full time, part time, tenure and non-tenure track positions, grad students, adjuncts who are currently or will be teaching at the wide range of campus locations and programs. With this aim in mind, CELT offers pedagogy workshops, guest lecturers, book clubs, one-on-one consultations, a lending library, peer observations, and myriad other resources, services, and programs available for all teaching focused professionals.

Connolly Alexander Institute for Data Science

The Connolly Alexander Institute for Data Science (CAIDS) aims to support a culture of data literacy at Tulane University, inviting faculty and students at every academic level to participate in a series of data-centric programming.

Goldman Center for Student Accessibility
Howard-Tilton Memorial Library, Suite B25 (504) 862-8433 goldman@tulane.edu

The Goldman Center for Accessibility is committed to ensuring a fully accessible, inclusive academic, housing, and dining experience for all students. Students with disabilities are encouraged to register with the Goldman Center if they believe that accommodations will be necessary for equal access.

Innovative Learning Center

The Center staff partners with faculty and staff on academic and research strategies and act as liaisons between Information Technology and faculty researchers. By providing a complement of skilled technologists and cutting-edge technologies, the ILC is a space of exploration for faculty to experience not only what is possible in academic technology now but also prepare them for future trends in higher education and beyond.

Mentoring Relationships

Tulane Libraries

Tulane University Libraries consist of four physical locations across two campuses in one of the most vibrant and diverse cities in North America. The Libraries serve Tulane’s nine schools and one undergraduate college with over 4.6 million books and physical items; 1.2 million eBooks; nearly 200,000 online journals; 900 databases; and distinctive collections that focus on the
many facets of New Orleans’s music, history, and culture, including early jazz; regional history; literary culture; carnival; food and drink; and the architecture of the city and Gulf South region.

The Libraries host the Tulane Digital Library and an institutional repository and publish several OpenAccess journals. Tulane’s Latin American Library (LAL) holds one of the most impressive collections in the world of materials on the history and culture of Central and South America and the Caribbean. The LAL also serves as the Secretariat for the Seminar on the Acquisition of Latin American Library Materials (SALALM), an international association of librarians, archivists, book dealers, book professionals, scholars, and students interested in collecting, preserving, and providing access to Latin American, Caribbean, Iberian, and Latinx information resources in all formats.

Matas Library of the Health Sciences in downtown New Orleans serves students and faculty in the Schools of Medicine and of Public Health and Tropical Medicine as well as the Tulane National Primate Center in Covington, LA.

## Campus Life

**Campus Recreation**  
Uptown: Reily Center 31 Janet Yulman Way  
Downtown: TU Fit Deming Pavilion

Tulane Campus Recreation aspires to contribute to the Tulane University community by providing fun, inclusive spaces for wellness and learning. Campus Recreation offers fitness and wellness programs, aquatics, outdoor adventures, club sports, and intramural sports.

**Club Sports**  
(504) 314-2862 clubsports@tulane.edu

Tulane Campus Recreation’s club sport teams are recognized student organizations that are formed, developed, and governed by students. Teams are gender-inclusive, meet regularly for practice, and compete regionally, as well as nationally.

**Graduate & Professional Student Association**

The Graduate and Professional Student Association (GAPSA) is the unifying body of the graduate and professional divisions of Tulane University. GAPSA develops and furthers the scholastic, professional, social, and public service interests of all graduate and professional students by promoting an understanding amongst students, faculty, staff, and administrators. GAPSA also facilitates inter-division communication and coordinates activities with the undergraduate student government.
Graduate Studies Student Association

GSSA is the Graduate Studies Student Association at Tulane University. This organization is composed of Masters and Doctoral students enrolled in the School of Science and Engineering (SSE) and the School of Liberal Arts.

Intramural Sports

Tulane Campus Recreation’s intramural offerings provide exercise and fun in a relaxed, yet structured environment. We offer two full seasons of team leagues and a series of one-day and weekend tournaments.

The Lavin-Bernick Center for University Life & The Commons
Lavin-Bernick Center (504) 865-5190

The Lavin-Bernick Center for University Life and The Malkin Sacks Commons is more than just a building. We are a hub for campus life that houses meeting space, campus programming, dining options, the bookstore, student involvement opportunities, and lots of student resources. As the center of the campus community, these spaces enhance the Tulane student experience by creating an innovative, dynamic, and inclusive learning environment through quality facilities, programs, and services.

Outdoor Adventures

Tulane Campus Recreation’s outdoor adventure offerings are your opportunity to explore the region and discover new skills on the water or on the trail. Beyond our trip schedule, our Outdoor Adventures team can provide you with consulting and rental gear to assist you in your own outdoor plans.

WaveSync

WaveSync is your way to connect to student organizations, learn about events happening on campus, and learn how to get involved at Tulane. Simply log-in with your Tulane credentials and you will be able to access the directory of student organizations, the campus events calendar, and more!
Campus Services

**Bicycle Rules & Permit Registration**  
Lavin-Bernick Center, 1st Floor (504) 865-5441

All faculty, staff, and students who operate or park bicycles on the Tulane campus must register the bicycle with the Tulane University Police Department and display a Tulane University Bicycle Permit.

**Bookstore**  
Lavin-Bernick Center, 1st Floor (504) 865-5913

The official Tulane bookstore offers all the required textbooks and supplies for academic courses, along with a large selection of reference and general interest books. You can also outfit yourself and family with Tulane gear, as well as find items for your residence hall, apartment, or office. The bookstore also carries health and beauty aids, greeting cards, gifts, and convenience items.

**Dining Services**  
Uptown: Lavin-Bernick Center, 107 (504) 865-5441  
Downtown: Tidewater Building, 803 (504) 865-5441

Tulane Dining Services provides dining and communal table concepts at the downtown and uptown campuses, and the Tulane National Primate Research Center. Our aim is to provide inclusive quality dining, including gluten-free and vegan options. We are also dedicated to accommodating people who have allergies and a range of dietary needs. We offer balanced and nutritious meals on and off campus, with a large selection of contemporary dining locations.

**Splash Card Services**  
Uptown: Lavin-Bernick Center, 107 (504) 865-5441  
Downtown: Tidewater Building, 803 (504) 865-5441  
splashcard@tulane.edu

The Tulane Splash Card is more than a university ID. It provides entrance to residence halls, the Commons Dining Room, academic buildings, athletic events, and other campus events. The Splash Card also offers access to on-campus financial accounts, including Splash Cash, and Accounts Receivable. The Splash Cash debit account offers the convenience of making on-campus and off-campus purchases without the need to carry cash or credit cards.
Technology Connection is the Tulane University owned and operated store that assists students, faculty and staff with their personal and institutional hardware, software, and accessory needs. Our partnerships and collaboration with university schools, departments, and administration allow us to provide tailored technology solutions and services to help support your success at Tulane.

Career Support

Freeman School of Business Career Management Center

Here, we offer expert, hands-on guidance to prepare you for a successful transition into the workplace and well into the future. Through one-on-one career advising, resume reviews, mock interviews, and a host of other services, we give you the skills you will use throughout your professional life.

Law School Career Services

Tulane’s career development staff members serve as both generalists and specialists in practice areas and settings, covering the wide range of students’ professional interests. Internally, career counselors provide individual counseling to help students tackle the job search. The Career Development Office holds programs on legal positions in specific practice areas, from corporate to environmental law, and specific practice settings, from the private sector to government work. The counselors also conduct workshops on job search strategies, including resumes and cover letters, interviewing skills and networking techniques.

Linkedin Learning

As a Tulane student, you have free access to Linkedin’s vast library of courses taught by industry leaders. Choose from over 15,000 courses using your Tulane credentials to sign in.

Office of Graduate & Postdoctoral Studies Career Resources

The resources on this page are a small sampling of relevant articles to the OGPS population – however, they are no substitute for personalized career services and workshops, unique to Tulane’s population. You are eligible for personalized career services as a graduate student in the School of Liberal Arts (Masters and PhD), School of Science and Engineering (Masters and PhD), Public Health and Tropical Medicine (PhD only), Freeman Business School (PhD only), and School of Medicine (Biomedical Sciences only, PhD and Masters).
In addition, all Postdoctoral Fellows at Tulane University are eligible for personalized career services. It is highly recommended that Masters Students have their first meeting with our career counseling team no later than 6 months prior to graduation and that our PhD students meet with our career services team before they complete their qualifying exams.

**Premium Online Services**

The Tulane Career Services team has researched and invested in a number of premium online services to assist you with their job search. These online services are available to only our Tulane University students and may not be accessed by non-Tulane University students.

**School of Architecture Career Services**

Personalized assistance and advising is available to students within the School of Architecture through one-on-one advising, career workshops and an elective course. These offerings provide students opportunities to refine interview skills, develop professional contacts and practice career building skills.

**School of Medicine Career Development**

The information contained in this website is designed to address questions about career goals and developing your pathway in medicine.

**School of Professional Advancement Career Development**

Welcome to the ultimate hub for career development and professional growth at Tulane University’s School of Professional Advancement We understand that landing your dream job takes a lot of determination, and with our comprehensive Career Services Portal on Canvas, we make it easy for you to access all the resources you need in one convenient location.

**SPHTM Career Services**

The Career Services office works with current graduate students in the School of Public Health & Tropical Medicine, undergraduate public health majors, and public health alumni, guiding them in their job search and professional development.

**Student Career Guides**

Review and download these guides to help you with your career planning and job search.
Financial Resources

Comprehensive Guide to Graduate Financial Aid

Emergency Aid Request

Student Affairs offers emergency aid to offset unexpected costs.

External Funding & Scholarships

Office of Financial Aid
Uptown: Gibson Hall, Suite 130 (504) 865-5723 finaid@tulane.edu
Downtown: 1440 Canal St., Suite 1213 (504) 988-6135 hscfinaid@tulane.edu
Law School: Weinmann Hall, Suite 155 (504) 865-5931 finaid@law.tulane.edu

Staff at Financial Aid works closely with new, returning, or prospective Tulane students to understand how financial aid works and help students secure the resources necessary to make education affordable.

Student Employment
1555 Poydras St., Suite 964 (504) 247-1700 sehr@tulane.edu

The Student Employment team is committed to assisting students through the entire hiring process and throughout their employment. We work in collaboration with Tulane's Financial Aid, the Office of International Students and Scholars, and Student Affairs to provide student workers with a positive work experience.

Travel Grants

Food Resources

Broadmoor Food Pantry

Residents interested in receiving food assistance can bring proof of income (SNAP, SSI, TANF award letter, check stubs, bank statements) and proof of residence (utility bill, bank statements, mail) to the pantry during operating hours to apply for assistance.
Culture Aid NOLA

Free food distribution. No reservation, identification, or proof of income required, and no questions asked.

Emergency Aid Request

Student Affairs offers emergency aid to offset unexpected costs.

Food for Thought

Food for Thought food pantry is available for students enrolled in the School of Public Health and Tropical Medicine.

Food Pantry Database

Online database of food pantries & soup kitchens in New Orleans. User generated listings.

Goldring Center for Culinary Medicine

Provides free nutrition-focused cooking classes for community members.

Hope for the Day

Database of Financial assistance, food pantries, medical care, and other free or reduced-cost help. Search and connect to support.

LSU Ag Center

Provides information and resources on nutrition and community health.

Market Match

We believe farmers markets should benefit farmers, shoppers, and the wider community. Through Market Match, we offer incentives to consumers with high need to purchase the best local produce available at our markets and at partner retailers across New Orleans.

NOLA Community Fridges

Food and meals in fridges in several locations across the city, available 24/7.

Students Against Food Insecurity (SAFI) Food Pantry
Students Against Food Insecurity (SAFI) Food Pantry. Open to all students during the Fall and Spring semesters. Located at 7215 Zimpel Street. Follow @safitulane on Instagram for hours of operation.

Supplemental Nutrition Assistance Program (SNAP)

SNAP provides food benefits to low-income families to supplement their grocery budget so they can afford the nutritious food essential to health and well-being.

Swipe Out Hunger

Students are eligible to receive three meal swipes at no cost to dine anywhere meal swipes are accepted on Tulane’s campus.

Tulane Dining Plan

Graduate Students are eligible for Graduate 1, Graduate 2, Unlimited, TU 15, TU 10, TU 7, TU 8, Choice 50, or Kosher.

Women, Infants, & Children (WIC)

WIC is a Special Supplemental Nutrition Program for pregnant, breastfeeding, and postpartum women, infants, and children (under 5 years old). WIC provides nutritious foods, nutrition information, breastfeeding promotion, breastfeeding support and referrals to other health and social services. The foods provided may include infant formula, infant fruits/vegetables and infant cereal, adult cereals low in sugar and high in iron, milk, cheese, juice, eggs, peanut butter or dried beans/peas, whole grains, canned fish.

Housing

Tulane is located in vibrant residential communities both in Uptown and Downtown New Orleans. We believe that living off campus is a privilege for students that offers an opportunity for learning and personal growth with many new responsibilities and opportunities. We expect students to be responsible citizens and good neighbors.

Deming Pavilion
The Bertie M. and John W. Deming Pavilion is Tulane University’s graduate housing complex. It is located on Tulane’s downtown campus in New Orleans’ medical district and offers furnished studio, one- and two-bedroom apartments.

**Off-Campus Housing & Roommate Search Site**

This website provides a map-based housing search, a roommate finder, sublet options, renter resources, and so much more!

**Off-Campus Housing Resources**

**Off-Campus Living Guide**

**The Residences at LSU Health**

Located just minutes from LSUHSC and the Medical District, our apartments are perfect for health and medical students, working professionals, professors, and others affiliated with LSU and Tulane health who desire the convenience of our incredible location. Our apartment community in New Orleans is one of a kind. Modern, luxurious, lively and private. The ideal combination for anyone looking to work hard, socialize, and relax all within the walls of their apartment building.

**Thirteen 15 NOLA**

Find the path to your picture-perfect Tulane lifestyle at Thirteen15, a bold new community ideally located in the heart of New Orleans, Louisiana, right next to the university’s Downtown campus. Select from fully furnished studio, one-, and two-bedroom apartments with a stylish, midcentury vibe. Join a rich cohort of professors, students, and Tulane affiliates, and plug into connected living.

**Mental Health & Wellness**

**Brief Alcohol Screening & Intervention for College Students (BASICS)**

During your BASICS appointment you will meet with your BASICS facilitator to discuss your alcohol and/or marijuana use and strategies for reducing harm. During your first session you will also fill out a comprehensive online assessment about your experiences with alcohol and/or marijuana. During your second session you will go over your responses to this assessment with your facilitator.
Campus Health Access & Health Insurance

Case Management & Victim Support Services (CMVSS)
Lavin-Bernick Center, Suite G02 (504) 314-2160 srss@tulane.edu

Case Management & Victim Support Services (CMVSS) is a single place to go for assistance for students in need of support and resources. CMVSS is committed to helping all Tulane students successfully navigate issues that may arise so they can have a successful Tulane experience. Case Management & Victim Support Services offers problem resolution services, case management services, victim support services, referral services, coordination, and follow-up during and after a hospitalization and/or medical leave of absence, and crisis management and resolution.

The Counseling Center
Uptown: Building 103, Diboll Complex, 1st floor (504) 314-2277
Downtown: 127 Elk Place, Room 261 (504) 314-2277

The Counseling Center is committed to providing a safe, inclusive, and affirming community of care for all Tulane students. Our team of trained professionals is committed to fostering students’ personal, emotional, and academic growth. We offer an array of services which enable students to develop new skills to improve their mental health and overall well-being. Counseling Center services are available in-person or virtually, depending on student preference.

eCHECKUP TO GO

eCHECKUP TO GO - a personalized, online program designed to provide feedback about alcohol and marijuana use and help students develop risk reduction strategies.

Jefferson Parish Human Services Authority
(504) 838-5424

Jefferson Parish Human Services Authority (JPHSA) provides mental health and addictive disorder services to individuals residing in Jefferson Parish.

Jewish Family Services
3300 W. Esplanade, Ste. 603, Metairie, LA 70002 (504) 831-8475

JFS believes mental health is a human right. We accept most major insurers (Aetna, United Healthcare, Blue Cross and Blue Shield, Blue Connect, Gilsbar, and Tricare), Medicare, Medicaid, and income-based payment.
Income-based payment is offered on a sliding-scale based on household income. These counseling services, with our master’s level interns, range from $18-$120 per session. For eligibility, clients will need to provide pay stubs, tax returns, or other proof of income to be assessed on the sliding scale.

**The Line**
24/7 (504) 264-6074

When you want to talk to someone right away, you can call or text our crisis line, any time, day or night, for confidential support for Tulane students.

**Loyola Center for Counseling & Education**
7214 St. Charles Ave., Greenville Hall, New Orleans, LA 70118 (504) 864-7858

Loyola Center for Counseling and Education (LCCE) commits to sustainably providing effective clinical mental health counseling on a sliding scale to underserved families, couples, groups, and individuals at every stage of life. In tandem with clinical services, LCCE supervises exemplary training and offers accessible professional development.

**Metropolitan Human Services District**
(504) 568-3130

Metropolitan Human Services District (MHSD) provides mental health and addictive disorder services to individuals residing in Orleans, St. Bernard, and Plaquemines Parishes.

**Metropolitan Crisis Response Team**
24/7 (504) 826-2675

Telephone and face-to-face triage, assessment, and intervention for persons experiencing mental health or substance abuse crises. 24/7 clinical staff used to prevent unnecessary mental health hospitalizations and instead link consumers to community-based services that better address their needs.

**Off-Campus Providers**

As do most college counseling centers, the Counseling Center at Tulane utilizes a short-term treatment model so that they can assist as many students as possible in addressing mental health issues that may come up as part of university life. Many times, it may be appropriate for students to find a New Orleans community provider who can offer consistent care over an extended time.

**Student Affairs Professional on Call (SAPOC)**
24/7 (504) 920-9900
24/7 professional staff on call for urgent situations.

**Tulane Behavioral Health Clinic**
(504) 988-5800 or (800) 588-5800

Clinical services by physicians and other faculty in the Department of Psychiatry are provided at numerous sites. Most services are provided at Tulane Medical Center (also known as Tulane University Hospital and Clinics, TUHC) which has its main campus in downtown New Orleans.

**Tulane Recovery Community (TRC)**
Call or text (225) 202-6342

Tulane University is committed to supporting students who are in recovery from substance use disorders and/or who identify as having a problematic relationship with alcohol and/or other substances. The Tulane Recovery Community’s (TRC) mission is to support individualized recovery on campus by providing recovery-based programs that foster academic achievement, connection, and engagement.

**Tulane School of Social Work Self Care Resources**

This site provides a variety of resources including guided meditations, videos, podcasts, and ways to get moving!

**Tulane Wave of Support**

Wave of Support is a campus-wide, collaborative program that supports students’ mental and emotional health at Tulane University. The Wave of Support brings together the programs and services of the many existing student support offices on campus with the goal of building a healthier campus by enhancing the holistic experience of our students in the realm of wellbeing.

**Virtual Self-Help Tools**

The Counseling Center offers a variety of therapy-assisted and self-guided virtual mental health resources to provide Tulane students with ongoing, daily mental wellness support. Students can utilize innovative online and mobile self-help tools to navigate a wide range of mental health concerns, promote resiliency, and optimize positive mental health.

**The Well for Health Promotion**

The Well for Health Promotion (The Well) provides resources, programs, and services that help Tulane students make healthy choices in support of their academic, personal, and professional
goals. Focus areas: Alcohol, Tobacco, and Other Drugs; Mental Well-Being; Sexual Health & Wellness; and Sexual Violence Prevention.

988 Suicide & Crisis Lifeline
The 988 Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week in the United States.

LGBT National Help Center
1-888-843-4564
Provides free and confidential peer-support, information, and local resources.

Monday – Friday
1:00 PM – 9:00 PM Pacific
4:00 PM – midnight Eastern

Saturday
9:00 AM – 2:00 PM Pacific
Noon – 5:00 PM Eastern

National Maternal Mental Health Hotline
24/7 1-833-852-6262
24/7, free, confidential hotline for pregnant and new moms in English and Spanish.

The Steve Fund
24/7 Text STEVE to 741741 to access a culturally trained Crisis Text line counselor
The Steve Fund is dedicated to supporting the mental health and emotional well-being of young people of color.

Trans Lifeline
Trans Lifeline’s Hotline is a peer support phone service run by trans people for our trans and questioning peers. Call us if you need someone trans to talk to, even if you’re not in a crisis or if you’re not sure you’re trans.

Trans Lifeline’s hotline operating hours are Monday through Friday:
10 AM – 6 PM Pacific
11 AM – 7 PM Mountain
12 PM – 8 PM Central
1 PM – 9 PM Eastern

**The Trevor Project**
24/7 Text ‘START’ to 678-678 or call 1-866-488-7386

The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to LGBTQI+ youth.

**Veterans Crisis Line**
24/7 Dial 988 then press 1

The Veterans Crisis Line serves Veterans, service members, National Guard and Reserve members, and those who support them.

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**Physical Health**

**24/7 Virtual Urgent Care**

In partnership with the Tulane University Medical Group (TUMG), Campus Health is now offering a 24/7 virtual urgent care option for Tulane students. Using the Tulane Telehealth website or app, eligible students can connect to a provider and get medical treatment, including prescriptions when necessary.

**Access Health Louisiana**

No one will be denied access to services due to an inability to pay, and there is a discounted sliding fee schedule available based on family size and income.

**Campus Health Access & Health Insurance**

**Campus Health Guide to Off-Campus Health Services**

Campus Health wants to offer support to Tulane students that may need or have the desire to visit community resources for their personal healthcare. Using off-campus resources can be difficult to navigate, which is why Campus Health has provided an off-campus resource guide for marginalized identities to have access to a list of healthcare providers in New Orleans that are well-known for assisting these populations.

This guide consists of primary care physicians and therapists that are a part of these communities and/or work closely with racial and ethnic marginalized populations, sexual and
gender marginalized populations, veterans, and professionals that offer services in multiple languages. These professionals were selected based on their personal statements online, patient and community reviews, and external audits.

**Campus Health Pharmacy**  
Building 92, 1st floor, corner of Newcomb Pl. & Willow (504) 862-8658

The Campus Health Pharmacy is staffed by board-certified pharmacists and technicians. We offer prescription services, over-the-counter products, and medication education and counseling.

**Campus Health Nurse Advice Line**

The Nurse Advice Line can help you make decisions about healthcare next steps. The nurses will advise you on the following topics: how to take self-care measures, whether you need to make an appointment at the Health Center, how to renew prescriptions, and answers to medication questions.

**Campus Health Nutrition Services**

Nutrition plays an important role in nourishing and fueling the body and the mind. The Health Center’s registered dietitian provides one-on-one nutrition counseling and medical nutrition therapy to Tulane students to address numerous nutrition related issues.

**Campus Health Referral Coordination**

The Health Center provides Tulane students with the information and resources they need to access specialist care (ex: allergist, orthopedics, OB/GYN, dermatologists, endocrinologists, cardiologists, etc.) in the New Orleans community. If you need a referral to a specialist, we welcome you to make an appointment to discuss your needs with a Health Center provider.

**Campus Health Travel Health Services**

The Health Center offers travel health services to students preparing for international travel. Services may include international travel consultations, country-specific information, immunizations, and travel prescriptions.

**Crescent Care**

Crescent Care is a leading provider of primary care services for people of all ages in New Orleans. Our team of highly qualified providers is dedicated to helping you achieve your best possible health. We offer comprehensive primary care services, including preventive care, chronic disease management, and same-day sick visits.
DePaul Community Health Centers

Community healthcare clinics located throughout the city offering a variety of healthcare services.

Health Center for Student Care
Uptown: Building 92, corner of Newcomb Pl. & Willow (504) 865-5255
Downtown: 127 Elk Place, Room 261 (504) 865-5255

The Health Center provides accessible, high-quality medical care for students during their time at Tulane University. Our licensed and board-certified providers treat Tulane students for injuries, illnesses, and acute and chronic medical conditions. They also provide preventive care, health maintenance services and referrals to community providers for specialized care.

LGBTQI+ Healthcare

Campus Health is committed to providing caring, high quality, and confidential services to our campus community, inclusive of all sexual orientations, romantic orientations, and gender identities.

To meet the health and wellness needs of all campus community members, the various Campus Health offices provide numerous programs and services specifically for the LGBTQ+ community. Whether you need primary care, preventive health services, mental health care, or you are looking for general health and wellness information, our staff of physicians, nurse practitioners, therapists, health educators, and other health professionals are ready to help.

Louisiana Medicaid

Medicaid provides medical benefits to low-income individuals and families. The Louisiana Medicaid Program operates within the Louisiana Department of Health.

LSU Dental School Clinic
1100 Florida Avenue, New Orleans, LA 70119 (504) 619-8770

Reduced fee dental care for adults and children.

Rivertown Optical
400 Williams Blvd., Kenner, LA 70062 (504) 461-5500

$20 eye exam and $20 glasses for low-income individuals.
Tulane Pharmacy
1430 Tulane Ave., Suite 1502 (504) 577-2278

Tulane Pharmacy has a dedicated team of specialists to help manage complex prescriptions. Our pharmacy team members are experts in multiple chronic disease states and are experienced in prior authorization and patient assistance.

Our highly experienced and trained pharmacy staff acts as a bridge between you, your physician, your insurance company, and others involved in your treatment plan.

Tulane-sponsored Student Health Insurance Plan (T-SHIP)

The Tulane-sponsored Student Health Insurance Plan (T-SHIP) offers access to New Orleans-area healthcare providers, on-campus healthcare services, and convenient prescription fulfillment on the uptown campus.

St. Thomas Community Health Center

St. Thomas Community Health Center is a Federally Qualified Health Center (FQHC), as designated by the Health Resources and Service Administration (HRSA). As such, St. Thomas CHC provides healthcare to economically and medically vulnerable populations regardless of the patient’s ability to pay or insurance status.

Veterans Affairs Medical Center

VA Southeast Louisiana Healthcare System offers a wide range of health, support, and facility services for Veterans throughout 23 parishes in southeast Louisiana.

Reproductive Health & Pregnancy

Big Easy EC

Big Easy EC is a 24/7 emergency contraception delivery service operated by Tulane students. Text (504) 215-8634 for further details.

Campus Health Sexual & Reproductive Health Services
The clinicians at the Health Center for Student Care provide an array of services for the most common sexual and reproductive health needs including gynecological services, male sexual health services, STI testing, GYT screening, and transgender and non-binary health services.

**Campus Health Emergency Contraception**

Emergency contraception is a safe way to prevent pregnancy after unprotected sex. There are a few types of emergency contraception, and some work better than others depending on your individual needs. Both Plan B and Ella are available through the Campus Health Pharmacy.

**Gulf South Plan B**

Gulf South Plan B distributes free emergency contraception in the American South (Louisiana, Texas, Arkansas, Mississippi, and Florida).

**Plan B NOLA**

Emergency contraception can prevent pregnancy when taken within 72 hours of unprotected sex. Plan B NOLA provides free and by-donation EC to our New Orleans community through a city-wide network of Community Support Members (CSMs).

**Planned Parenthood New Orleans**

4636 S. Claiborne Ave., New Orleans, LA 70125 (504) 897-9200

We offer expert health services and medically accurate information to help you make decisions about your sexual and reproductive health. Our services are low-cost, confidential, and non-judgmental. Planned Parenthood health centers are open to all people regardless of gender identity, sexual orientation, income level, insurance status, age, race, or immigration status.

**Tulane Pregnancy & Parenting Resources**

This site is intended for all students, undergraduate, graduate, and professional, who are pregnant, as well as students who are the partner of a pregnant person. Students who are parents can also find valuable resources provided by Tulane and within the greater New Orleans community. Pregnancy and parenting can be a uniquely challenging experience, and Tulane is committed to helping its students navigate this period of their lives with care and sensitivity.

**The Well for Health Promotion Sexual Health & Wellness**

The Well for Health Promotion promotes sexual health by providing programs, services, and resources that are inclusive, holistic, and evidence based. Our staff at The Health Center provides high quality, medical sexual health care.
Safety & Security

**Everbridge App**

Everbridge is the university's emergency mass communications system and campus safety app. By downloading the Everbridge app, you will not only be able to receive TU Alerts directly to the app, you will also be able to utilize several safety features. Everbridge also gives you the ability to communicate via text, emergency call button, and the ability to send photographs of suspicious persons/events directly to TUPD. Everbridge also has a Virtual Escort function and an Emergency Call Button (SOS) function.

**Hazing Hotline**
(504) 420-3111

If you think you or someone you know is being hazed, REPORT IT. We investigate all complaints received by this anonymous texting line. This line is powered by Real Response and will enable university officials to follow up with you anonymously for more information.

**New Orleans Crime Map**

As part of its commitment to transparency, accountability, collaboration and integrity, the New Orleans Police Department has made a number of different sets of data and records available to the public. Crime Map data is for personal informational purposes only.

**Report It!**

Report It lets you securely store serial numbers, item descriptions, pictures, and scans of receipts so that your items may be more easily identified in the event of theft or loss. Report It allows you to keep a secure, online record of valuable property, accessible from anywhere and all for free. Knowing what you own—the difference between recovering and not recovering lost or stolen items.

**Tulane University Police Department (TUPD)**

**Uptown Campus**
6823 St. Charles Ave.
Diboll Complex
New Orleans, LA 70118
Emergency: (504) 865-5911
Non-Emergency: (504) 865-5381
**Downtown Campus**
1430 Tulane Ave.
New Orleans, LA 70112
Emergency: (504) 988-5555
Non-Emergency: (504) 988-5531

**Primate Center Campus**
18703 Three Rivers Road.
Covington, LA 70433
Emergency: (985) 871-6444
Non-Emergency: (985) 871-6411

The Tulane University Police Department is a full-service law enforcement agency that provides police services to the Uptown Campus, the Downtown Medical Center Campus and the National Primate Research Center located in Covington. We strive to adhere to the best practices including nationally recognized standards for the delivery of police services and are in the process of seeking accreditation by the Commission on Accreditation for Law Enforcement Agencies (CALEA).

**TUPD Safety Escorts**
Uptown: (504) 865-5381
Downtown: (504) 988-5531

The Tulane Police Department offers Personal Escorts for on-campus to on-campus or on-campus to off-campus (locations must be within one mile of campus) locations. Tulane Police officers and Landmark Security officers will give escorts. Tulane affiliates can request a Safety Escort 24 hours a day, 7 days a week.

**TUPD Walk the WAVE Way**

Recommended walking paths on both the uptown and downtown campuses.

**Tulane University Emergency Preparedness & Response**

The Office of Emergency Preparedness and Response (OEPR) provides comprehensive emergency management services for Tulane University to prepare for, respond to, recover from, and mitigate against the adverse impacts of disasters regardless of type, scale, or causality. OEPR conducts risk assessments to maintain current knowledge of the hazards facing the University and develops adaptable plans to address them. OEPR coordinates with Tulane’s various departments as well as local, state, and federal partners to fulfill our mission and actualize our vision.
Student Support Services

**Case Management & Victim Support Services (CMVSS)**
Lavin-Bernick Center, Suite G02 (504) 314-2160 srss@tulane.edu

Case Management & Victim Support Services (CMVSS) is a single place to go for assistance for students in need of support and resources. CMVSS is committed to helping all Tulane students successfully navigate issues that may arise so they can have a successful Tulane experience. Case Management & Victim Support Services offers problem resolution services, case management services, victim support services, referral services, coordination, and follow-up during and after a hospitalization and/or medical leave of absence, and crisis management and resolution.

**Center for Intercultural Life - Office of Multicultural Affairs**
Richardson Building, Suite 101 (504) 865-5181

The Office of Multicultural Affairs, located within the Carolyn Barber Pierre Center for Intercultural Life, works to employ critical race theory, student development theories and a social justice framework. We use a trauma-informed lens infused with radical love to counter the effects of oppression and empower students to thrive. OMA models being an environment where students, faculty, staff, and alumni can collaborate to co-create and sustain an engaged and equitable learning community.

**Center for Intercultural Life - Office of Gender & Sexual Diversity**
Richardson Building, Suite 101 (504) 865-5181

The Office for Gender & Sexual Diversity strives for Queer & Trans Liberation rooted in anti-racism, accessibility, and decolonization. We serve students, faculty, staff, and alumni and are accountable to the Queer and Trans communities in New Orleans.

**Center for Intercultural Life - Spiritual Life**
Richardson Building, Suite 101 (504) 865-5181

The Carolyn Barber Pierre Center for Intercultural Life assists students with connecting to spiritual communities on and around campus. Additionally, we work with religious student organizations to support programming and opportunities for students who are exploring their own spiritual development during their time at Tulane. We serve as a liaison to the Religious Life Council.

**Conflict Resolution Program**
The goal of this program is to build a workplace environment that is enriched by our differences. The program is designed to encourage our community to take a positive, proactive approach to resolving conflicts and disputes in the workplace. This program will create opportunities for staff, faculty, and students to have difficult conversations in a manner that allows each individual to be heard and to be better understood while building a common foundation for moving forward with a healthy, civil working relationship.

Goldman Center for Student Accessibility
Howard Tilton Memorial Library, Suite B25 (504) 862-8433 goldman@tulane.edu

As part of the Division of Student Affairs and Student Resources & Support Services, the Goldman Center is committed to ensuring a fully accessible, inclusive academic, housing, and dining environment for all students. Students with disabilities are encouraged to register with the Goldman Center if they believe that accommodations will be necessary for equal access. Linked below, you will find information on how to connect with the Goldman Center and create accessible experiences inside and outside the classroom.

Office of Graduate & Postdoctoral Studies
Jones Hall, Suite 308 (504) 247-1213 ogps@tulane.edu

The Office of Graduate & Postdoctoral Studies (OGPS) is the service and support office for all master’s and PhD students in the School of Liberal Arts, School of Science and Engineering, School of Medicine - Biomedical Sciences, as well as PhD students in the Freeman School of Business and the School of Public Health and Tropical Medicine. The office also serves all postdoctoral fellows across the university.

Office of International Students & Scholars
6901 Willow Street (504) 865-5208

Tulane University's Office of International Students and Scholars (OISS) provides leadership in the internationalization of the University by supporting the Tulane international community and facilitating cross-cultural interaction. By way of support, OISS offers quality programs and services and ensures compliance with federal immigration regulations. In addition, OISS is the designated office on campus to provide immigration advising and support services to Tulane's international community, specifically individuals in F, J, and H status.

Office of Institutional Equity
(504) 862-8083 oie@tulane.edu

Institutional Equity is dedicated to advancing Tulane’s commitment to fair and equitable treatment of all members of the university community in employment and educational opportunities by providing consultative, investigative, and educational services. Increasing diversity on campus and maintaining a harassment free environment are our top priorities.
The Office of Student Conduct administers the Code of Student Conduct, which outlines the behavioral expectations of all Tulane Students. The Code applies not only to undergraduate students, but graduate and professional, part-time, international, and non-traditional students. The goal of the Student Conduct system is to educate students about appropriate behavior and decision-making and foster a safe and healthy community in which academic success can occur.

Title IX Office
Jones Hall, 308 (504) 314-2897

The Title IX office is dedicated to ensuring gender equity at Tulane University, which includes coordinating the University's efforts to prevent and effectively respond to all forms of sex discrimination (including gender identity and sexual orientation discrimination) and sexual misconduct impacting community members, including sexual assault, sexual exploitation, sexual harassment, dating and domestic violence, and stalking. This work is done in compliance with applicable law, including Title IX and the Violence Against Women Act, all of which are coordinated by the Assistant Provost for Title IX Compliance and Education. The Title IX office also maintains the University's comprehensive program designed to prevent sexual misconduct and remediate the effects of sexual misconduct on victims and the greater Tulane community.

Tulane Legal Assistance Program (TULAP)
200 Broadway, Suite 212 (504) 865-5515 tulap@tulane.edu

TULAP is a legal services program funded by the Tulane University Associated Student Body. We provide free legal advice and low-cost representation to current Tulane University students, staff, and faculty. TULAP also provides free notarial services and information regarding legal rights. Because we are funded by the University, we are only able to provide representation to current students, staff, and faculty, and cannot represent one member of the Tulane community against another, as that would present a conflict of interest. Please note that TULAP's services are available ONLY to current Tulane students, faculty, and staff.

Transportation

Accessible Campus Transport (ACT)
For faculty/staff: (504) 247-1774 adaaccess@tulane.edu
For students: (504) 862-8433 goldman@tulane.edu
Tulane Shuttles and Transportation has partnered with the Tulane Goldman Center for Student Accessibility and the Tulane Office for Campus Accessibility to provide accessible campus transport.

**Bike Easy**

Bike Easy provides guidance, safety tips, and maps for getting around New Orleans on a bike.

**Blue Bikes NOLA**

Blue Bikes is an affordable bikeshare program uniquely designed for New Orleans. The Blue Bikes fleet is comprised of hundreds of pedal-assist e-bikes that make the most out of your movements, allowing you to roll with confidence on a bicycle built for you.

**Car Rentals**

Tulane University partners with Avis/Budget and Enterprise Rent-A-Car to provide discounted rates on personal car rentals for students, parents, and visitors.

**Fixed Shuttle Lines**

We offer connections to faculty, staff, students, and Tulane affiliates between the uptown and downtown campuses as well as international grocery stores. The fixed shuttle lines include Diboll Green Line, Commons Green Line, Green Wave Line, Weekend Red Line, and International Groceries Line.

**New Orleans Regional Transit Authority**

The RTA offers public transportation via bus, streetcar, and ferry.

**Shuttles & Transportation**

(504) 314-7433 shuttles@tulane.edu

The Tulane University Shuttles and Transportation system helps you travel safely and easily to, from, and around our campuses. Providing over 260,000 rides annually to the Tulane University community, we offer commuter connections to faculty, staff, and students between the uptown, downtown, and University Square campuses. Tulane Trans Lōc, an on-demand, point-to-point van service, is available seven nights a week.

**Trans Loc On Demand**
Tulane TransLōc On Demand serves the Tulane community around our campuses and surrounding areas. Service must be requested through the TransLōc On Demand app or online at: https://ondemand.transloc.com. The Tulane TransLōc On Demand transit app provides Tulane University students, staff, and faculty the convenience of requesting ride-share style transportation within specified regions and time frames via their single sign on (SSO) Tulane credentials.

**Victim Support Services**

**All In**

Tulane University is All In to combat sexual violence. Learn more about what you can do to be a part of All In on this website. Tulane University affirms the right of all students to access an education free of sexual violence. The All In website brings together information, resources, and opportunities to empower our campus community in our efforts to prevent, intervene in, and respond to acts of sexual violence.

**Case Management & Victim Support Services (CMVSS)**
Lavin-Bernick Center, Suite G02 (504) 314-2160 srss@tulane.edu

Victim Support Services is a specialized function within the Office of Case Management & Victim Support Services. Our aim is to empower students who are victims and survivors of crime to make informed decisions in their recovery process. We also assist friends, faculty/staff, parents and loved ones.

The services we provide are student-centered and focus on promoting student safety and well-being. Services include emergency housing, housing reassignment, academic assistance, health and counseling referral, legal referral, and advocacy (Office of Student Conduct, civil court, criminal court), and ongoing support throughout the recovery process.

**The Counseling Center**
Uptown: Building 103, Diboll Complex, 1st floor (504) 314-2277
Downtown: 127 Elk Place, Room 261 (504) 314-2277

The Counseling Center is committed to providing a safe, inclusive, and affirming community of care for all Tulane students. Our team of trained professionals is committed to fostering students’ personal, emotional, and academic growth. We offer an array of services which enable students to develop new skills to improve their mental health and overall well-being. Counseling Center services are available in-person or virtually, depending on student preference.

**The Line**
When you want to talk to someone right away, you can call or text our crisis line, any time, day or night, for confidential support for Tulane students.

**National Domestic Violence Hotline**

Available by phone 24/7 at 800.799.7233 Available by chat 24/7 at thehotline.org

24 hours a day, seven days a week, 365 days a year, the National Domestic Violence Hotline provides essential tools and support to help survivors of domestic violence so they can live their lives free of abuse.

**National Sexual Assault Hotline**

Available by phone 24/7 at 800.656.4673 Available by chat 24/7 at rainn.org

The National Sexual Assault Hotline is a safe, confidential service available to all people. When you call 800.656.HOPE (4673), you will be connected with a trained staff member from a sexual assault service provider in your area.

**New Orleans Family Justice Center**

**504-866-9554 (24/7 hotline)**

The New Orleans Family Justice Center is a confidential resource based in New Orleans and offers comprehensive services to victims of domestic violence, sexual assault, stalking, and child abuse.

Services available include:
- Advocacy
- Counseling
- Emergency safe housing and transitional housing
- Civil and criminal legal services and assistance
- Immigration legal services

**Metro Centers for Community Advocacy**

**504-837-5400 (24/7 hotline)**

Metro is a confidential off-campus resource dedicated to supporting survivors of sexual assault, intimate partner violence, stalking, and child abuse. In addition to a 24/7 hotline, Metro provides wrap-around services including individual advocacy, information and referrals, group support, medical advocacy, legal advocacy, sheltering, individual support, safety planning, and caregiver support to survivors in eight Louisiana parishes, including the New Orleans area. All services are free and confidential.
Protective Orders

Protective orders, also known as restraining orders, can be an important tool to promote safety for victims/survivors and to prevent contact with an individual who has caused harm. This video series is designed to help students learn more about protective orders and understand how to file for a civil order of protection from intimate partner abuse, sexual assault, or stalking.

Reporting to the Police

NOPD investigates all incidents of sexual violence in the city, including on Tulane's campus, but you can reach out to TUPD first to report what has happened. TUPD will immediately reach out to NOPD, and their detectives will come to you. If you have experienced sexual violence outside of the New Orleans area but want to connect with law enforcement, TUPD can help connect you to the appropriate authorities.

Reporting to Tulane

When a person experiences sexual violence or harassment, it can feel as though your power—your choices—have been taken away from you. When you disclose to Tulane, we want you to get your power back. That's why disclosing to Tulane means that you have choices to make about what the next steps look like. Choosing to disclose sexual harassment or violence, let alone file a formal complaint to initiate a grievance procedure, is a personal decision. Tulane wants to ensure that students are well informed and supported in their decision to disclose and in their decisions around participating in a grievance procedure.

SAPHE Peer Hotline (for students)

Available 24/7 during Fall and Spring Academic Semester at 504-654-9543

SAPHE is a compassionate group of Tulane students who provide resources and support to the Tulane community through a confidential, peer run 24/7 hotline. SAPHE members are trained in trauma informed care and empathetic listening so that they are well equipped to provide support and resources to any person who might need them.

Sexual Assault Forensic Exam

If you have experienced sexual violence or intimate partner violence, you may choose to have a sexual assault forensic exam performed, sometimes known as a “rape kit,” to preserve possible DNA evidence and receive important medical care. You may accept or decline any and all parts of an exam or suggested treatment. Providers will assist you to make choices about your care.
Patients who are 18 years or older do not have to report to police or press charges to get a forensics/sexual assault exam. You have 1 year to decide whether or not to have law enforcement process the kit.

A forensic medical examination may include evidence collection up to 120 hours (5 days) after a sexual assault. If it is more than 5 days since the assault, there are still services available to you.

**Sexual Assault Healing Activity Book**

**Sexual Trauma Awareness & Response (STAR)**

**855-437-STAR (24/7 hotline)**
STAR is a confidential, off-campus resource dedicated to supporting survivors of sexual trauma. All of STAR’s services are free.
STAR offers a 24/7 hotline and assistance with the following:
- Understanding and moving past the trauma of sexual assault
- Navigating the criminal and civil legal systems
- Developing plans to keep you safe
- Accompaniment to medical exams, law enforcement interviews and court proceedings
- Legal representation and assistance in matters related to your sexual trauma

**Student Affairs Professional on Call (SAPOC)**
24/7 (504) 920-9900

24/7 professional staff on call for urgent situations.

**Student Health Center**

While Tulane Campus Health does not perform sexual assault forensic exams, it offers a wide range of student resources and support for student survivors of sexual assault. Campus Health is designated as a confidential resource, which means information you disclose will not be shared unless you provide permission. You do not need to make a formal report or press charges to receive care.

Our health services are available to all current students. Students on Downtown campuses may go to the Uptown campus to receive services. The Student Health Center provides medical interventions and care following sexual violence but does not collect forensic evidence.

**Take Back the Night Legal Advice Hotline**

**567-SHATTER (567-742-8837)**
If you are a survivor of sexual harassment, sexual assault, rape or other sexual violence, learn your legal options from victim-focused attorneys. The TBTN legal team provides free information
about your legal options upon receiving your intake form or hotline call. At this time, we are only able to provide support for US-based cases. The TBTN National Sexual Assault Legal Hotline is available 24-7 so you immediately connect with a real person ready to help. The intake form response time is within 3-4 business days. The legal team listens without judgment. All information is confidential.

**Additional Resources**

**New Orleans Community Resource Guide**

This community resource guide has been compiled with the intention of increasing public access to services that are free or low-cost in the New Orleans area. Most listings are for services located in Orleans & Jefferson parishes, although select state and nationwide services have also been included.

**Tulane University Concern Report**

To report a concern or incident or connect a student with supports, you may submit a report at the link listed above. This submission system is designed to solicit the concerns of members of the Tulane Community, and all reports will be appropriately addressed. **It is not designed to address imminent emergencies.** If you have an emergency to report, please call Tulane University Police at (504) 865-5911 (Uptown), or (504) 988-5555 (Downtown).